

# Blutdruck Werte für den Monat July 2016

D. Kratz

| Datum | Uhrzeit | Systole | Diastole | Puls |
|-------|---------|---------|----------|------|
| 01 R  | 08:00   | 138     | 90       | 64   |
| 01 L  | 08:00   | 140     | 87       | 64   |
| 02 R  | 09:00   | 145     | 92       | 59   |
| 02 L  | 09:00   | 133     | 83       | 57   |
| 03 R  | 11:00   | 143     | 86       | 63   |
| 03 L  | 11:00   | 140     | 85       | 60   |
| 04 R  | 09:00   | 142     | 86       | 69   |
| 04 L  | 09:00   | 134     | 82       | 66   |
| 05 R  | 08:00   | 128     | 84       | 68   |
| 05 L  | 08:00   | 131     | 80       | 64   |
| 06 R  | 11:00   | 137     | 86       | 67   |
| 06 L  | 11:00   | 147     | 86       | 67   |
| 07 R  | 08:00   | 129     | 86       | 67   |
| 07 L  | 08:00   | 130     | 82       | 64   |
| 08 R  | 11:00   | 127     | 85       | 69   |
| 08 L  | 11:00   | 130     | 84       | 63   |
| 09 R  | 12:00   | 131     | 87       | 62   |
| 09 L  | 12:00   | 133     | 80       | 60   |
| 10 R  | 12:00   | 126     | 86       | 62   |
| 10 L  | 12:00   | 127     | 84       | 63   |
| 11 R  | 10:00   | 134     | 91       | 67   |
| 11 L  | 10:00   | 134     | 81       | 65   |
| 12 R  | 12:00   | 141     | 89       | 68   |
| 12 L  | 12:00   | 144     | 86       | 70   |
| 13 R  | 08:00   | 143     | 92       | 73   |
| 13 L  | 08:00   | 128     | 87       | 67   |
| 14 R  | 10:30   | 134     | 88       | 68   |
| 14 L  | 10:30   | 131     | 80       | 67   |
| 15 R  | 11:30   | 133     | 92       | 69   |
| 15 L  | 11:30   | 135     | 82       | 67   |
| 16 R  | 12:00   | 143     | 89       | 64   |
| 16 L  | 12:00   | 134     | 84       | 62   |
| 17 R  | 12:00   | 133     | 84       | 67   |
| 17 L  | 12:00   | 131     | 83       | 63   |
| 18 R  | 12:00   | 129     | 88       | 69   |
| 18 L  | 12:00   | 129     | 81       | 67   |
| 19 R  | 08:00   | 135     | 89       | 65   |
| 19 L  | 08:00   | 127     | 84       | 65   |
| 20 R  | 10:00   | 135     | 88       | 67   |
| 20 L  | 10:00   | 129     | 82       | 63   |
| 21 R  | 12:00   | 137     | 85       | 71   |
| 21 L  | 12:00   | 131     | 86       | 69   |
| 22 R  | 10:00   | 134     | 92       | 71   |
| 22 L  | 10:00   | 123     | 81       | 66   |
| 23 R  | 10:00   | 132     | 87       | 68   |
| 23 L  | 10:00   | 130     | 84       | 67   |

|             |              |            |           |           |
|-------------|--------------|------------|-----------|-----------|
| <b>24 R</b> | <b>13:30</b> | <b>123</b> | <b>87</b> | <b>66</b> |
| <b>24 L</b> | <b>13:30</b> | <b>129</b> | <b>81</b> | <b>68</b> |
| <b>25 R</b> | <b>07:00</b> | <b>122</b> | <b>84</b> | <b>68</b> |
| <b>25 L</b> | <b>07:00</b> | <b>124</b> | <b>80</b> | <b>71</b> |
| <b>26 R</b> | <b>08:00</b> | <b>128</b> | <b>86</b> | <b>71</b> |
| <b>26 L</b> | <b>08:00</b> | <b>131</b> | <b>83</b> | <b>68</b> |
| <b>27 R</b> | <b>13:00</b> | <b>131</b> | <b>86</b> | <b>68</b> |
| <b>27 L</b> | <b>13:00</b> | <b>130</b> | <b>80</b> | <b>67</b> |
| <b>28 R</b> | <b>08:00</b> | <b>128</b> | <b>81</b> | <b>59</b> |
| <b>28 L</b> | <b>08:00</b> | <b>127</b> | <b>81</b> | <b>60</b> |
| <b>29 R</b> | <b>08:00</b> | <b>129</b> | <b>87</b> | <b>64</b> |
| <b>29 L</b> | <b>08:00</b> | <b>127</b> | <b>81</b> | <b>61</b> |
| <b>30 R</b> | <b>13:00</b> | <b>134</b> | <b>89</b> | <b>64</b> |
| <b>30 L</b> | <b>13:00</b> | <b>132</b> | <b>87</b> | <b>65</b> |
| <b>31 R</b> | <b>11:00</b> | <b>128</b> | <b>88</b> | <b>66</b> |
| <b>31 L</b> | <b>11:00</b> | <b>128</b> | <b>79</b> | <b>64</b> |