

# Blutdruck Werte für den Monat Juni 2021

## D. Kratz

| Datum | Uhrzeit | Systole | Diastole | Puls |
|-------|---------|---------|----------|------|
| 01 R  | 11 :00  | 146     | 88       | 74   |
| 01 L  | 11 :00  | 139     | 84       | 75   |
| 02 R  | 12 :00  | 134     | 83       | 67   |
| 02 L  | 12 :00  | 128     | 76       | 66   |
| 03 R  | 10 :00  | 143     | 87       | 66   |
| 03 L  | 10 :00  | 119     | 84       | 66   |
| 05 R  | 11 :00  | 134     | 82       | 65   |
| 05 L  | 11 :00  | 130     | 76       | 64   |
| 06 R  | 12 :00  | 147     | 86       | 65   |
| 06 L  | 12 :00  | 131     | 79       | 64   |
| 07 R  | 10 :00  | 135     | 86       | 67   |
| 07 L  | 10 :00  | 141     | 82       | 63   |
| 08 R  | 10 :00  | 134     | 83       | 65   |
| 08 L  | 10 :00  | 133     | 76       | 64   |
| 09 R  | 11 :00  | 134     | 88       | 71   |
| 09 L  | 11 :00  | 136     | 79       | 68   |
| 10 R  | 10 :00  | 141     | 86       | 67   |
| 10 L  | 10 :00  | 128     | 76       | 65   |
| 11 R  | 12 :00  | 140     | 90       | 65   |
| 11 L  | 12 :00  | 136     | 82       | 67   |
| 12 R  | 11 :00  | 122     | 79       | 65   |
| 12 L  | 11 :00  | 122     | 75       | 64   |
| 13 R  | 11 :00  | 141     | 86       | 67   |
| 13 L  | 11 :00  | 135     | 84       | 70   |
| 14 R  | 10 :00  | 144     | 88       | 68   |
| 14 L  | 10 :00  | 144     | 83       | 68   |
| 15 R  | 10 :00  | 138     | 92       | 67   |
| 15 L  | 10 :00  | 144     | 85       | 70   |
| 16 R  | 10 :00  | 139     | 86       | 67   |
| 16 L  | 10 :00  | 147     | 89       | 69   |
| 17 R  | 12 :00  | 131     | 84       | 67   |
| 17 L  | 12 :00  | 131     | 76       | 67   |
| 18 R  | 11 :00  | 131     | 80       | 67   |
| 18 L  | 11 :00  | 136     | 78       | 69   |
| 19 R  |         |         |          |      |
| 19 L  |         |         |          |      |
| 20 R  | 10 :00  | 129     | 80       | 71   |
| 20 L  | 10 :00  | 127     | 80       | 69   |
| 21 R  | 10 :00  | 137     | 86       | 75   |
| 21 L  | 10 :00  | 137     | 80       | 73   |
| 22 R  | 10 :00  | 145     | 90       | 68   |
| 22 L  | 10 :00  | 146     | 80       | 68   |
| 23 R  | 13 :00  | 135     | 82       | 64   |
| 23 L  | 13 :00  | 134     | 79       | 66   |
| 24 R  | 11 :00  | 129     | 80       | 65   |
| 24 L  | 11 :00  | 134     | 80       | 66   |

|             |               |            |           |           |
|-------------|---------------|------------|-----------|-----------|
| <b>25 R</b> | <b>10 :00</b> | <b>143</b> | <b>85</b> | <b>62</b> |
| <b>25 L</b> | <b>10 :00</b> | <b>134</b> | <b>81</b> | <b>62</b> |
| <b>26 R</b> | <b>12 :00</b> | <b>132</b> | <b>84</b> | <b>62</b> |
| <b>26 L</b> | <b>12 :00</b> | <b>132</b> | <b>80</b> | <b>63</b> |
| <b>27 R</b> | <b>12 :00</b> | <b>134</b> | <b>83</b> | <b>60</b> |
| <b>27 L</b> | <b>12 :00</b> | <b>124</b> | <b>73</b> | <b>61</b> |
| <b>28 R</b> | <b>12 :00</b> | <b>141</b> | <b>86</b> | <b>64</b> |
| <b>28 L</b> | <b>12 :00</b> | <b>129</b> | <b>80</b> | <b>67</b> |
| <b>29 R</b> | <b>10 :00</b> | <b>132</b> | <b>86</b> | <b>74</b> |
| <b>29 L</b> | <b>10 :00</b> | <b>135</b> | <b>80</b> | <b>71</b> |
| <b>30 R</b> |               |            |           |           |
| <b>30 L</b> |               |            |           |           |